

**Carl Earl Lambert, Jr., MD, FAAFP** is an Assistant Professor of Family Medicine at Rush University Medical College in Chicago, IL. He is involved with academic medicine as well as mentorship, recruitment, and retention of underrepresented minority students into medicine. He enjoys providing thorough, compassionate, and whole-person continuity and preventative care to people from all communities and walks of life in the Rush University Family Physicians group.

Aside from clinical practice, Dr. Lambert remains very involved in the Rush community in several capacities, including being a committed and engaged clinical teacher and preceptor, a small-group clinician educator and facilitator in Rush's integrated curriculum, director of the Rush Family Medicine Leadership Program, director of the service-learning curriculum, an executive member of the medical school's Admissions Executive Committee and Rush University's Racial Justice Action Committee, as well as faculty advisor for both the Rush Christian Fellowship as well as for minority medical students in the Rush chapter of the Student National Medical Association.

Dr. Lambert is a member of the American Association of Family Physicians, a diplomat of the American Board of Family Medicine, a member of the Christian Community Health Fellowship, an academic advisor for the National Medical Fellowship Minority Primary Care Leadership Program, and the Chicago Area Albert Schweitzer Fellowship Program. His special interests include community-based medical services, integrating faith into medicine, child & adolescent wellness, family planning, and men's health. He is happily married to his lovely wife Adrienne, and remains engaged in his home church, Bellevue Baptist Church, in Chicago, Illinois.

**Marian R. Sassetti, MD, FAAFP** is a partner at Lake Steet Family Practice in Oak Park with over 30 years of experience. The Illinois Academy of Family Physicians recently selected her as the "2021 Family Physician of the Year." She was recognized for her community involvement and the embodiment of the words "family physician," as well as a voice for those who need help beyond her practice. She is also an Assistant Professor in the Department of Family Practice at Rush Medical College in Chicago since 1989.

Dr. Sassetti served on the Illinois Academy of Family Physicians (IAFP) board of directors from 1995-2001. She's been an active leader and a regular contributor on IAFP committees and education programming throughout her career.

Sassetti serves on the board of directors for Sarah's Inn, an advocacy center that provides comprehensive services for families affected by domestic violence. She is also a board member of Thrive Counseling Center in Oak Park. Thrive is a comprehensive mental health agency with a mission is to build healthy minds, families, and communities by empowering people to attain mental and emotional well-being. She is a former Chair of the Board for the Well Spirituality Center in LaGrange, Illinois. The Well is a center for physical, emotional and spiritual wholeness. Its mission is to strengthen, heal, and call for the inherent wholeness of the earth, our human community, and all creation.

Dr. Sassetti graduated from Northwestern University in 1981 and Stanford Medical School in 1985. She completed her family medicine residency training at Cook County Hospital in Chicago, as well as faculty development fellowship.

**Christina Wells, MD, MPH, DipABLM, FAAFP** is an Assistant Professor of Clinical Family Medicine in the Department of Family and Community Medicine at the University of Illinois-Chicago. She is board certified in both Family Medicine and Lifestyle Medicine. Dr. Wells has a strong interest in the health and education of vulnerable populations. She has worked at a Federally Qualified Health Center for the past 13 years where she provides care to underserved communities. She also volunteers her time to provide health seminars and coordinate health fairs for communities in need. She has a passion for medical student education and serves in various academic roles including as the current College-wide Director of the Medical Colloquia course and College-wide Assistant Theme Leader for Health, Illness, and Society theme at the University of Illinois College of Medicine and as the Assistant Director for the Patient-Centered Medicine Scholars Program in the Family and Community Medicine Department. She specializes in both preventive health services and management of chronic diseases, with an emphasis on

lifestyle medicine. She also has additional training in HIV, addiction, and mental health care. She graduated from the University of Illinois College of Medicine in 2006. She also has a Masters of Public Health degree with an emphasis in Nutrition and Wellness and a Masters in Business Administration. She is actively involved in the Illinois Academy of Family Physicians and serves as leader of the Lifestyle Medicine Member Interest Group.